

USING CUTTING MATS AND SAFETY RULERS



Cutting mats are designed to resist cuts from knives. They protect your working surfaces and have ruler marks to help make accurate cuts.

A safety ruler has a groove to protect fingers and is made from metal.



Safety points:

- Make sure the material you are cutting is on the mat.
- Make sure that your finger tips are inside the groove or channel in the metal safety ruler when cutting.
- Always cut in a direction away from your fingertips and body.

